

What Kind of Learner are You?

Read each of the statements carefully. Check the ones that apply to you in each category.

VERBAL

- Books are very important to me
- I can hear words in my head before I read, speak, or write them down
- I get more out of listening to the radio or spoken word than I do from TV or video
- I enjoy word games like Scrabble, Anagrams, or Password
- Writing and/or composing comes easily to me. I enjoy putting my thoughts on paper
- English, social studies, and history were easier for me in school than math and science
- When I drive down a freeway, I pay more attention to the words on signs and billboards than the scenery
- My conversation includes frequent references to things I've read or heard

LOGICAL

- I can easily compute numbers in my head
- Math and/or science were among my favorite subjects in school
- I enjoy playing games or solving brainteasers that require logical thinking
- I like to play or set up "what if" experiments
- My mind searches for patterns, regularities, or logical sequences in things
- I like finding logical flaws in things that people say and do at home and work
- I feel more comfortable when something has been measured, categorized, or analyzed
- I count, number, or categorize most things in my life easily and naturally

VISUAL

- I often see clear images when I close my eyes
- I enjoy doing jigsaw puzzles, mazes, or other visual puzzles/games
- I can generally find my way around unfamiliar territory
- I can comfortably imagine how something might appear if it were looked down on from a birds-eye view
- I prefer looking at reading material if it has lots of illustrations
- I do better with directions if I'm using a map than verbal turn-by—turn directions
- I am more engaged in books, magazines, illustrations & television programs that are visually interesting
- I have always thought of myself as a very visual person

PHYSICAL

- I engage in at least one sport or physical activity on a regular basis
- I find it difficult to sit still for long periods of time
- I like working with my hands at activities where I get to create something or fix something
- My best ideas often come to me when I'm outside or engaged in some activity
- I frequently use hand gestures or other forms of body language when conversing
- I need to touch things in order to learn more about them
- I prefer to practice a new skill rather than simply read about it or watch a video
- I am just a "hands-on" person. I enjoy learning about something by getting my hands on it

(over)

MUSICAL

- I can tell when a musical note is played off key
- I frequently listen to music I play one or more musical instruments
- My life would be poorer if there were no music in it
- I sometimes catch myself walking down the street with a familiar tune running through my mind
- I can easily keep time to a piece of music
- One of the ways I used to study for tests was by putting the items I wanted to memorize into a song
- I often make tapping sounds or sing songs or whistle while working, studying, or learning something

NATURAL

- I like to spend time outdoors
- I enjoy collecting objects from nature
- I know the scientific names of many plants and/or animals
- I love watching scientific shows on tv (The Discovery Channel is one of my favorites)
- My idea of relaxing is looking through a seed catalog or working in the yard
- My hobbies include taking care of plants or pets
- I could have easily been (or may be) a scientist
- I have an affinity to the natural world, and have always considered myself a student of nature

RELATIONAL

- I'm the sort of person that people come to for advice and counsel at work or in my neighborhood
- When I have a problem, I'm more likely to seek out another person for help rather than work it out alone
- I favor social pastimes such as Monopoly, charades, or card games over solitary recreational activities
- I enjoy the challenge of teaching another person (or group) what I know
- I like to get involved in social activities connected with my work, church, or community
- I would rather spend my evening at a lively party or with friends than stay at home alone
- I have often been described as a "people person," and I tend to agree with that assessment
- I love learning by discussing things with others; open discussion with others stimulates my own thinking

REFLECTIVE

- I regularly spend time meditating, reflecting, or thinking about life or dealing with important issues
- I have a special hobby or interest that I keep pretty much to myself
- I have a realistic view of my strengths and weaknesses
- I would prefer to spend a weekend in a cabin somewhere than at a fancy resort surrounded by people
- I consider myself to be strong-willed and/or independent
- I keep a personal diary or journal to record the events of my life and/or my thoughts
- My friends and/or family might sometimes describe me as a bit of a loner
- Even in a lively discussion, I may never say a word, but I am thinking and learning

Now add up how many check marks you put under each learning style. Which are your preferred styles?

VERBAL _____

MUSICAL _____

LOGICAL _____

NATURAL _____

VISUAL _____

RELATIONAL _____

PHYSICAL _____

REFLECTIVE _____

What does this likely tell us about the members of our class or group? About how we should teach?