# 2023 EXPRESS | SPRING BREAK PARTICIPANT GUIDE



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## WELCOME TO BOUNCE!

**BOUNCERS:** We are so glad you are here. There is no doubt you could have done plenty of other things during your Spring Break, but we are grateful you made the decision to serve.

The BOUNCE TEAM has worked hard to prepare meaningful experiences for you at your ministry site and the evening times of worship. My hope is you will fully commit to the entire BOUNCE mission experience, including abiding by the Participant Guidelines outlined on the next page of this Participant Guide.

In this Participant Guide you will also find a list of Ministry Team positions you can volunteer for and Quiet Time Guides for the ministry week. You'll need the Participant Guide each day at your ministry site.

We are grateful you are here this week. We look forward to what God will do in and through you this week.

Blessings,

David Scott Director, BOUNCE Texas Baptists

restoring HOPE • rebuilding COMMUNITIES • reflecting CHRIST

### As a BOUNCE MISSION Participant:

- I will seek to reflect Christ as I serve by participating in all aspects of the BOUNCE experience (worksite, ministry, worship, youth group reflections, etc.), and will observe the BOUNCE schedule.
- I will abide by guidelines established by the BOUNCE Leadership Team while at BOUNCE (dress code, accessible areas of lodging facility, lights out, etc.).
- For my safety and health, I understand no alcohol, tobacco, nonprescription drugs, fireworks, firearms, knives, or weapons of any kind are allowed at BOUNCE.
- > Due to the serious nature of BOUNCE mission work, I understand pranks and prank paraphernalia are not allowed.
- > I agree to observe all safe worksite practices established by the BOUNCE Leadership Team.
- I realize that BOUNCE is a Kingdom approach to mission service. That being the case, participants from other churches will be partnering with me and my church for service. I will respect them, their privacy, and their possessions as we partner together for Kingdom service.
- > I understand that I cannot leave the worksite or lodging facility without the permission of the Mission Coordinator and my group leader.
- I understand girls should not be in boys' rooms, and boys should not be in girls' rooms. I further understand that Public Displays of Affection (PDA) are not allowed between girlfriends and boyfriends while at BOUNCE.
- I am grateful that our lodging facility agreed to host us for the week of BOUNCE. I will make every effort to take care of the facility, keep it clean, and respect the facility and grounds during the week. I also understand that any damages to property are my personal responsibility.
- > I will seek to glorify God through my hard work, my positive attitude, and my healthy relationships during the entire BOUNCE experience.
- I understand that my persistent failure to abide by the BOUNCE Participant Guidelines could result in an early trip home at my parent's/ guardian's expense.

# MINISTRY TEAM POSITIONS

Members of a BOUNCE Ministry Team have the opportunity to volunteer for some additional service responsibilities during the week of BOUNCE. Check out the possible Team Positions below:

### **STUDENT POSITIONS**

#### Team Hydration Specialist

The Ministry Team has got to stay hydrated! That's a fact. The TEAM HYDRATION SPECIALIST is the keeper of the H2O Cooler. Fill the H2O Cooler with ice and water in the morning; load the cooler and cups on the van; return and rinse it at the end of the day. It's that simple. Since the cooler can be heavy, it's not a bad idea to have 2 Hydration Specialists to carry the load.

#### Team Chaplain

We provide the TEAM CHAPLAIN with a Team Devotion Guide. Using their Bible and the guide, the CHAPLAIN prepares each day's devotion and leads the discussion during the ministry day.

#### Team Doc

No medical degree required. Just a willingness to keep up with the team's First Aid Kit. The TEAM DOC picks up the kit in the morning and returns it at the end of the ministry day. You may have to distribute a band aid or two and fill out an injury report that will be turned in to the First Aid Coordinator.

#### Team Evangelism Reporter

Evangelism opportunities are all around us. If your team has the opportunity to share Christ with someone, we want to make sure local churches can follow up. The TEAM EVANGELISM REPORTER keeps the records and gathers contact information. You will pick up the supplies each morning from the BOUNCE office and return them at the end of the ministry day.

#### Lunch Lugger\*

A team's got to eat! The LUNCH LUGGER helps make it happen. At certain BOUNCE mission locations, Ministry Teams take their lunch with them rather than have it delivered. The LUNCH LUGGER picks up all the lunch items each morning and makes sure they are loaded on the van. At the end of the ministry day, the LUNCH LUGGER returns the leftovers to the assigned location and cleans out the cooler. It's that simple.

\*Lunch Luggers only needed at certain missions. Assign only if instructed to do so.

# **MINISTRY TEAM POSITIONS - ADULTS**

#### **Construction Team Leader**

The TEAM LEADER has construction expertise and organizes and directs the work of the ministry team in accomplishing their assigned project for the week.

#### Team Encourager

The TEAM ENCOURAGER serves as a "cheerleader" for the team and assists the Team Leader in keeping the team on task and motivated to complete their assignment for the week.

#### Team Driver

TEAM DRIVERS are adult members of the team who transport the team to their Ministry Worksite each day.

#### Safety Inspector

Although one adult on the team may carry the title SAFETY INSPECTOR, ALL adults should make sure the ministry worksite is safe and that safe practices are being observed.

# TIME ALONE WITH GOD

Spending time with God is the most vital part of our walk with God. It is how we know God, how we connect with God, and how we get the strength to live the Christian life each day. Without time with the Lord, we will wander through life without purpose, wondering what God truly has for us and not experiencing the abundant life Jesus told us about in John 10:10. For your week at BOUNCE, we have prepared a guide that will help you spend time with God. For some of you this will be your first time, and we hope that this will continue when you head back home. For others, this is a part of your daily walk. We want to encourage you to dive deeper into your relationship with God. Each day our Quiet Time will have three parts:

- 1. Passage to READ
- 2. Some THOUGHTS on the passage and QUESTIONS to consider
- 3. A time of focused PRAYER

We want to challenge you to make time with God a priority this week and when you go back home. If you have any questions about quiet time material when you get home, check with your Group Leader.

# TIME ALONE WITH GOD - DAY ONE

### **MINISTRY DAY 1: GOD IS FAITHFUL TO HIS PROMISE**

### READ: Deuteronomy 7:9

Know therefore that the Lord your God is God, the faithful God who keeps covenant and steadfast love with those who love Him and keep His commandments, to a thousand generations.

**THOUGHT**: Here the Israelites find motivation for total obedience to God – His love for them. God demonstrates His love for us because, while we're still sinners, He loves us unconditionally. This is a deep seeded commitment of His faithfulness to us, which in return should lead us to "want" to obey Him. This is the great motivation for obedience: knowing and walking in the love of God. When we really believe God loves us, and live with that belief as a conscious fact, we should find it so much easier to obey. Fight against anything that would damage that relationship of love.

**QUESTIONS**: Do you realize that the love of God is "demonstrated," which means His love produces a faithfulness towards us—have you considered how deep His love is for you?

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Are you willing to fight for His love, to obey, to flee sinful control over your life? To give up things that don't matter anymore? And to choose Him every day?

> PRAYER: Lord, help me fight for the promises you have made to us in your Word. Lord, help me consider your goodness and your eternal grace and stand firm on your everlasting promises and fulfillment of your Word in my life. Help me live this out each day, with full understanding. Amen.

# TIME ALONE WITH GOD - DAY TWO

### **MINISTRY DAY 2: GOD IS FAITHFUL IN HIS PROMISES**

### READ: PSALM 139: 7-12

<sup>7</sup> Where shall I go from your Spirit? Or where shall I flee from your presence? <sup>8</sup> If I ascend to heaven, you are there! If I make my bed in Sheol, you are there! <sup>9</sup> If I take the wings of the morning and dwell in the uttermost parts of the sea, <sup>10</sup> even there your hand shall lead me, and your right hand shall hold me. <sup>11</sup> If I say, "Surely the darkness shall cover me, and the light about me be night," <sup>12</sup> even the darkness is not dark to you; the night is bright as the day, for darkness is as light with you.

**THOUGHT**: God's hand is upon us, it is steady—when the world is shaky and unstable, God is consistent and ready to bring us stability. In this passage, David was assured of the constant presence of God's hand of love and care. Not even death and the grave could separate him from God's love. In fact, God's right hand – His hand of skill and strength – would hold David no matter what might come. God's presence with David was like a constant light even in the darkness.

**QUESTIONS**: Have you considered the stability of God's love? Do you realize His stability provides light to darkness around you? What steps will you take today walk in him with faithfully?

**PRAYER**: Lord, help me see your promises as the stability I need to trust you deeper today. I pray that you will guide my steps and continue to bring forth your power in my life as I seek to know your will, Father. Amen.



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