



# How to Start myMISSION

## Missions Discipleship for Young Women

myMISSION is WMU's missions discipleship group for young women. The purpose of myMISSION is to teach young women to follow Jesus by serving others and sharing the gospel in word and deed. As they build community, these women explore their faith together and participate in hands-on missions projects.

By leading young women to learn about missions, pray for and give to missions, and do missions by engaging in missions activities, myMISSION strives to create an environment where young women can build relationships that send them into a lost world.

## How to Start myMISSION

- 1. Plan.** Choose a time and location to begin meeting.
- 2. Choose your resources.** Review the materials offered for myMISSION and talk to others about the options.
- 3. Order resources.** Place orders at [wmustore.com](http://wmustore.com) or call 1-800-968-7301.
- 4. Promote.** Advertise your group through flyers, church website, social media, personal invitations, and email, as well as on college campuses.
- 5. Share.** Be passionate about the group's purpose and how young women can engage in helping others and sharing Christ.

Contact your local Baptist association, your state WMU office, or national WMU for training opportunities.

To learn more, visit us at [wmu.com/adults](http://wmu.com/adults) (click on "myMISSION").

For additional information, contact national WMU adult consultant Linda Clark at [lclark@wmu.org](mailto:lclark@wmu.org).

### Join us:

[facebook.com/NationalWMU](https://facebook.com/NationalWMU)  
[instagram.com/NationalWMU](https://instagram.com/NationalWMU)



## myMISSION Leaders

A myMISSION group leader is responsible for promoting missions involvement through her group and for leading group members to plan, conduct, and evaluate the missions experiences of the group.

Specific responsibilities of a group leader include the following:

- Help members understand the purpose of myMISSION
- Lead women to set goals and carry out plans to accomplish the groups' purpose and provide missions experiences
- Nurture women in the myMISSION group
- Provide resources for the group
- Guide women in developing their leadership potential
- Keep records and report activities of the myMISSION group
- Serve on the WMU leadership team, if the church has one

A myMISSION group can have more than one leader to accomplish the work of the group. A leader may be enlisted for one-time events or short-term activities.

As you customize your myMISSION group, you as the leader will help women realize they can have a dynamic impact on your church and in proclaiming the good news of Jesus. You have the ability to customize your group to fit the size of your church and its mission strategy.



## Who Is Involved in myMISSION?

myMISSION is the WMU missions group for younger women from 18–35 years of age. It's for the college student, the young professional, the young mom—any young woman in any stage of life. Church membership is not required to be a member of the group.

myMISSION is an avenue through which young women explore their faith together and learn to live it out wherever they are. In addition, myMISSION encourages young women to learn about their world and missions. Most importantly, myMISSION calls young women to live fully in their circumstances and develop a missional lifestyle that engages the people around them.

myMISSION enables women to

- recognize their status in Christ;
- fulfill Christ's missions purpose in their lives;
- affirm God's call both individually and corporately;
- understand the local and global perspective of the gospel; and
- commit to a missional lifestyle.



## myMISSION Options

The structure for myMISSION groups is flexible!

All of the following are ways myMISSION can be offered.

- Groups can be created around common interests, life stages, or needs. Young women in these groups come together to share and learn together, as well as serve in the community and the world. The women may come from the same or different churches. A myMISSION group can also form on a college campus. Each group determines when, where, and how often it meets.
- Missions projects offer hands-on participation opportunities for young women to influence their world for Christ. The myMISSION studies on [wmu.com/mymission](http://wmu.com/mymission) encourage young women to participate in monthly missions projects. Through hands-on missions, young women not only grow in their faith, but they also grow their impact for Christ in their community.
- Missions projects are great ways for young women to come together to serve through events such as a Global Missions Celebration in the church, a missions event provided through the state WMU, or a community event.
- Young women can form a virtual myMISSION group. A video meeting platform can be used for virtual meetings or a group formed as a social media group.
- Individual involvement is an option for anyone. A young woman can read and interact with others on her own time schedule. She can use myMISSION resources to be involved in missions and grow in missions discipleship.
- myMISSION can be used for outreach with unchurched young women. Participants in myMISSION are encouraged to take the initiative to involve other young women in using the print and online resources as well as inviting others to myMISSION groups.



## How Is myMISSION Different from Women on Mission?

myMISSION, designed specifically with young women in mind, engages participants in Bible study, community, and various missions projects.

A college student will find its structure freeing, a young mom will enjoy its simplicity, and a single professional will like the hands-on missions involvement.

As many young women prefer digital resources, all myMISSION resources are found online. The resources' ease of use speak to young women's love of technology and their unique global perspective.

Because young women desire more active involvement, missions experiences for myMISSION concentrate on participatory types of missions awareness and involvement as they pray for, engage in, learn about, and support missions. This includes interaction via social media as well as ministries in the community and beyond.

While all WMU missional characteristics are covered in myMISSION materials and experiences, not all are necessarily covered in every group session, activity, or online experience. Special events and activities, as well as participation in associational and state missions events for women, enhance the myMISSION experience.